



Coastal Medical

Lifespan. Delivering health with care.

Welcome to Coastal Medical's Joint Health Program!

Valued Patient,

Having access to the appropriate resources to manage your hip or knee osteoarthritis is crucial to improving your quality of life. That's why you have been enrolled in Coastal's Joint Health Program. Our program takes a long-term, team-based approach to helping patients receive necessary support and manage their osteoarthritis of the hip or knee.

The Joint Health Program offers a comprehensive team of professionals who keep in frequent contact regarding your care and progress. The team includes your Coastal Medical primary care clinician, your Coastal Medical musculoskeletal physician and providers from Performance Physical Therapy. In addition, our Joint Health Program team includes Evolution Nutrition and Providence Behavioral Health, who both provide optional, yet valuable, services.

Evolution Nutrition aids in weight management strategies and diet consultation, as extra weight can add to your knee/hip pain. Providence Behavioral Health offers in-person and telehealth appointments with a trained counselor, to help with any mental health challenges pertaining to your chronic pain.

Please be expecting a call from someone from the Joint Health Program's team in the coming days to help scheduling your initial appointments.

If you have any questions in the meantime, please feel free to call our care coordinator, Stacy, at **(401) 330-2488**. We are here and happy to assist you.

Thank you for trusting us with your healthcare.

Sincerely,

Your Coastal Medical Care Team