

Goal of the Joint Health Program

1. Patient Centered Care
2. High Patient Satisfaction
3. Better Health Outcomes



Request a Joint Health Referral:

Choose one of these options:

- Speak with your Coastal Medical primary care clinician during your next visit
- Speak with your Coastal Medical Musculoskeletal Health clinician during your next visit
- Request a referral through the Coastal Medical Patient Portal

Locations

Our Joint Health community partners are conveniently near Coastal Medical offices



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JOINT HEALTH PROGRAM

Our Community Partners Include:



Performance
Physical Therapy

Attleboro, MA	Richmond
E. Providence	Seekonk, MA
E. Greenwich	Sanderson
Middletown	Warren
N. Providence	Warwick
Pawtucket	Woonsocket
Providence	

performanceptri.com/locations

EVOLUTION

nutrition counseling by dietitians

Bristol	Pawtucket
E. Providence (3)	Portsmouth
E. Greenwich	Providence (2)
Newport	Warwick

evolutionrd.com/locations

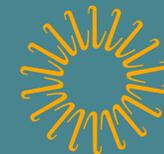
PROVIDENCE
BEHAVIORAL HEALTH

E. Greenwich Providence

providencebehavioral.org

JOINT HEALTH PROGRAM

FOR COASTAL PATIENTS WITH HIP OR KNEE OSTEOARTHRITIS



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The Joint Health Program

So much more than Physical Therapy

Our Joint Health Program is designed to provide long-term, team-based care for Coastal Medical patients with osteoarthritis of the hip or knee.

Coastal Medical and trusted community health partners work together with you to identify and address unmet healthcare needs.

The Joint Health Program offers a comprehensive care team, including your Coastal primary care clinician and Coastal's musculoskeletal health clinicians, as well as providers from Performance Physical Therapy, Evolution Nutrition, and Providence Behavioral Health.

Together, we ensure all aspects of your physical and mental well-being are being addressed related to your hip or knee osteoarthritis:

- **Exercise**
- **Nutrition & Weight Management**
- **Activity & Pain Education**
- **Social & Behavioral Health Needs**

These areas are thoroughly screened by the Joint Health Team to create a care plan with you based on your health goals and preferences.

Once you are able to manage your condition, the Joint Health Team will offer additional follow-up care and resources to ensure continued positive outcomes.



Differences between our Joint Health Program (JHP) and Traditional Osteoarthritis (OA) Management

Our Joint Health Program takes a long-term, team-based approach to help you manage your osteoarthritis of the hip or knee.

Below are some of the ways that our Joint Health Program differs from most traditional osteoarthritis management approaches:

Care & Resources	Traditional OA Mgmt.	JHP Care
Communication with referring physician	✓	✓
Discharge plan with necessary follow-up	✓	✓
Guidance from physical therapists	✓	✓
Short-term management	✓	✓
Long-term management		✓
Nutritionist services		✓
Behavioral health services		✓
Coastal Musculoskeletal (MSK) Health Program		✓
MSK physician consultations		✓
Care coordination between your entire Joint Health Team		✓
Shared decision making between providers & patient		✓
Health goal plan established between providers & patient		✓
Progress tracking		✓
One referral needed for multiple services		✓
Telemedicine options		✓

Joint Health Program Long-Term Care Cycle



Sleep



Exercise



Nutrition



Education



Daily Activity Training



Behavioral Health