

Asthma Camp 2025

Community Asthma Program of Hasbro Children's Brown University Health

Living with asthma can be a challenging and lonely experience for a child. Asthma Camp increases children's independence by taking away the mysteries of asthma and showing them that they can be in control. Together, campers learn how to take an active role in managing their asthma.

Your child will learn:

- ◆ what happens in the lungs during an asthma attack?
- ◆ why it is important to take asthma medications every day.
- ◆ to identify asthma warning signs.
- ◆ what asthma triggers are and how to avoid them?
- ◆ how to prevent asthma attacks and better manage their asthma.
- ◆ that they can do anything when asthma is well-controlled!

Campers will learn about asthma and asthma management, while having fun and enjoying a wide range of typical camp experiences.

Campers, ages 9 to 13, will be selected from the applications received.

Priority selection is given to children:

- with severe asthma
- who have not previously been to Asthma Camp
- who have participated in an educational workshop sponsored by the Community Asthma Program.

Camper selection will be made after May 9th. All families will be contacted after mid-May of 2025. If your child is not selected, they may be placed on a waiting list.

Camp Location and Transportation

Asthma Camp 2025 is held at a day camp Westwood YMCA, Coventry in Rhode Island. Asthma Camp will take place July 14th through July 17th. Transportation will be provided daily from Hasbro Children's to Asthma Camp.

Staffing

Counselors are carefully selected and trained to ensure that children enjoy camp and educational activities. Campers receive excellent medical support. Asthma Camp is staffed by on-call physicians, and onsite nurses and/or respiratory therapists.

Medications

Children's medications are very closely monitored according to the instructions of each child's doctor. Each camper must bring their own medications to camp.

1. **For additional information please visit our website:**
<https://www.brownhealth.org/centers-services/community-asthma-programs/asthma-camp>
2. **To apply:** You must complete the 5 page-long application. All fields must be completed. Submit the application by: email, mail or fax to:

Asthma Camp 2025

Community Asthma Program
of Hasbro Children's
Brown University Health
593 Eddy Street, Annex Bldg. 3rd Fl
Providence, Rhode Island 02903
Fax: (401) 444-8501
malsina@brownhealth.org

How much does it cost?

There is no cost to families. All accepted campers will receive a campership for their participation. Camperships have been made possible through the generosity of various community organizations.

Camp Donations:

Efforts to obtain camp funding are continued throughout the year. Donations to the camp fund are always gratefully accepted.

To contribute, please contact us:

**The Community Asthma Program
Asthma Camp Fund
593 Eddy Street, Annex Bldg 3rd Fl
Providence, Rhode Island 02903
(401)-444-2955 or (401) 444-8340**

Community Asthma Program Director:
Daphne Koinis-Mitchell, PhD

Camp Co-Directors:
Barbara Jandasek, PhD
Miosotis Alsina

Activities:

Swimming

Archery

Canoeing

Arts & Crafts

Games

Asthma Education

**For additional information
contact:**

Miosotis Alsina

Co-Director of Asthma Camp,
Program Coordinator of
Community Asthma Program
of Hasbro Children's
Brown University Health

(401)-444-2955
malsina@brownhealth.org

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**DON'T WAIT!
ENROLL TODAY!**

**APPLICATIONS
MUST BE RECEIVED
BY
MAY 9, 2025**

**Community Asthma Program
of Hasbro Children's
Brown University Health**

Asthma Camp 2025

July 14-17, 2025

Asthma Camp is
an initiative of the
Community Asthma Program
of Hasbro Children's
Brown University Health

**Application Deadline
May 9, 2025**